

# Life Skills at North Tyneside

North Tyneside council's Employment and Skills service offers a wide range of courses designed to meet the diverse needs of adults with learning difficulties and disabilities which are suitable for people who live independently or in supported living. We provide courses at both Norham Community Wing and Churchill Pavilion. **All courses run for 2 hours, from 10:00 – 12:00 and 13:00 – 15:00.**

At **Norham** courses include

- Cooking
- Arts
- Crafts
- Drama
- Sewing



Visit our website [www.skillsnorthtyneside.org.uk](http://www.skillsnorthtyneside.org.uk) to check out the details of courses available this term, or for more information

Phone **0191 643 2288** or email;  
[curriculum.support@northtyneside.gov.uk](mailto:curriculum.support@northtyneside.gov.uk)



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Programmes delivered at both locations are designed and delivered in a fun and practical way looking to develop self-expression, confidence, creativity, wellbeing, motor skills and social interaction with all courses including English, maths and communication skills.



At **Churchill** you can do

- Communication skills
- Arts and Crafts
- Gardening
- Flower Design
- DIY

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